

Nuestros Sabores: A Culinary Medicine Symposium Agenda

Day 1: Tuesday, October 28, 2025

Hyatt Place UC Davis – 173 Old Davis Road Extension, Davis, CA 95616

- 11:30 AM – 12:30 PM** Registration & Networking
Light refreshments will be served.
- 12:30 PM – 1:00 PM** Welcome & Opening Remarks
Lana Frantzen, PhD
Vice President of Nutrition Affairs, National Dairy Council
Amy DeLisio, MPH, RDN
CEO, Dairy Council of California
Jennifer Giambroni
Vice President of Communications, California Milk Advisory Board
- 1:00 PM – 1:45 PM** Leadership: Mentors Matter
Iliana Guerra Martinez, MS, RDN, LDN, CDCES
Past Chair, Latinos and Hispanics in Dietetics and Nutrition (LAHIDAN)
- 1:45 PM – 2:00 PM** Break: Snack Station, Coffee & Tea
- 2:00 PM – 2:15 PM** Transition to Research Lab
Please be prepared for an 8–10-minute walk. Transportation can be provided upon request.
- 2:15 PM – 4:30 PM** Research Lab Tour and Presentation of Milk Processing Lab Activities
Daniela Barile, PhD
Professor and Principal Investigator, Food Science and Technology, UC Davis
- The Flavor of Function: Honey Sensory Experience
Amina Harris
Director, Honey and Pollination Center, UC Davis
- 4:30 PM – 4:45 PM** Transition Back to Hyatt
- 4:45 PM – 5:30 PM** Unlocking the Power of the Dairy Matrix in Supporting Lifelong Health
Trina Robertson, MS, RDN
Director of Health Sector and Program Evaluation, Dairy Council of California
Ashley Rosales, RDN
Nutrition and Industry Affairs Officer, Dairy Council of California
- 5:30 PM – 5:45 PM** Day 1 Recap & Closing
- 6:30 PM – 8:00 PM** Dinner: Sudwerks Brewing Company
A local UC Davis classic, located at 2001 2nd Street, Davis, CA 95618.

Day 2: Wednesday, October 29, 2025
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- 8:00 AM – 8:15 AM** **Welcome & Refreshments**
Lana Frantzen, PhD
Vice President of Nutrition Affairs, National Dairy Council
Coffee and small bites will be served.
If you are a guest staying at the hotel, breakfast is served starting at 6:30 AM.
- 8:15 AM – 9:00 AM** **Nourishing the First 1,000 Days**
Marina Chaparro, RDN, CDCES, MPH
Founder, Nutrichicos
- 9:00 AM – 10:00 AM** **Shifting the Start: A Vital Conversation on Early Childhood and Maternal Health**
Kimberly Avila Edwards, MD, MSHCT, FAAP
Associate Professor and Associate Chair of Advocacy, Department of Pediatrics,
Dell Medical School, The University of Texas at Austin
Andie Lee Gonzalez, PhD, MPH, RDN, LD, FAND
Senior Pediatric Medical Science Liaison, Abbott Nutrition
Adrianna Nava, PhD, MPA, RN, FAAN
Applied Research Scientist, National Committee for Quality Assurance;
Immediate Past President, National Association of Hispanic Nurses (NAHN)
- 10:00 AM – 11:00 AM** **Fermented Foods for Community and Overall Health**
Jennifer T. Smilowitz, PhD
Assistant Professor of Cooperative Extension, Department of Nutrition,
UC Davis
- 11:00 AM – 11:30 AM** **Break & Transition to Dairy Innovation Tour**
Bus transportation is graciously provided by California Dairy Research Foundation.
- 11:30 AM – 12:30 PM** **Sustainability in Action: The Dairy Innovation Tour**
Kevin Comerford, PhD
Chief Science Officer, California Dairy Research Foundation
Conor McCabe, MS
Cattle Sustainability Researcher & CLEAR Center Communicator, UC Davis
- 12:30 PM -12:45 PM** **Transition Back to Hyatt**
- 12:45 PM – 2:00 PM** **Networking Lunch, Interactive Demonstration and Sampling**
Lunch with Nuestros Sabores-inspired recipes followed by cooking demonstration and sampling.
Please note, while there will not be a formal break, snacks and refreshments will be available throughout the afternoon.

2:00 PM – 3:00 PM

Bridging Science & Food: How to Make the Most of Our Food Choices

Marianella Herrera Cuenca, PhD, MD, RD

Chair, LAHIDAN;

Director Co-Founder, Food Evidence;

Director, Observatorio Venezolano de la Salud;

Junta Directiva, Fundación Bengoa para la Alimentación y Nutrición

Crystal Orozco, RDN, CDCES, CPT

Founder, Vida Nutrition Consulting

3:00 PM – 3:45 PM

Member Roundtable and Sharing: Sharing Knowledge & Best Practices

3:45 PM – 4:00 PM

Closing

Lana Frantzen, PhD

Vice President of Nutrition Affairs, National Dairy Council

4:00 PM – 4:30 PM

Transition to Airport (as needed)

