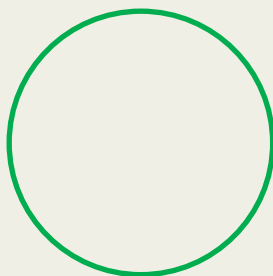
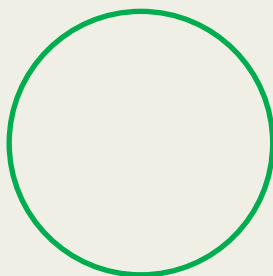
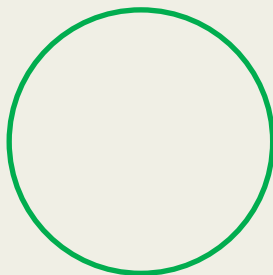
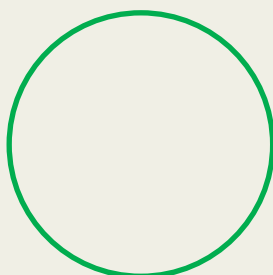




Tasting Worksheet

Directions: Draw and label the food. Draw your face when you eat it. Use your senses to describe the food. Write your opinion about the food.

FOOD**YOUR FACE**
when you eat it**ABOUT THE FOOD**

For more information and additional resources, visit: <https://DairyCouncilofCA.org>



Tasting Worksheet

SENSES:



Hear:
snap, pop,
crackle, crunch



Touch:
bumpy, smooth,
hard, soft, dry, wet



Smell:
strong, mild,
salty, sweet



Taste:
sweet, salty,
sour, bitter



Sight:
round, square,
oval, flat, colors

● Choose words that match your senses or use your own words.

Sweet

Delicious

Savory

Bland

Fruity

Scrumptious

Stringy

Salty

Yummy

Peppery

Nutty

Stale

Crumbly

Creamy

Sour

Tart

Sharp

Tangy

Fresh

Mouth-watering

Wet

Bitter

Spicy

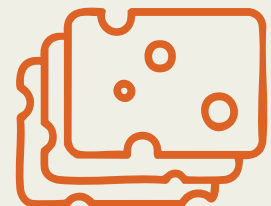
Pungent

Buttery

Unpleasant

Squishy

Hard



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