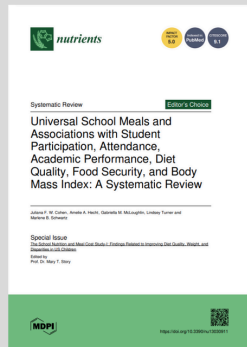


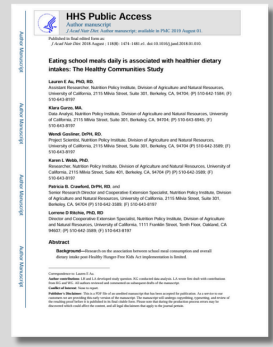
Nutrition Research and Resources

EVIDENCE-BASED BENEFITS OF SCHOOL MEALS

Universal school meals and associations with student participation, attendance, academic performance, diet quality, food security, and body mass index: a systematic review



Eating school meals daily is associated with healthier dietary intakes: The Healthy Communities Study



ADDITIONAL RESOURCES

Ultra-Processed Foods Science Brief

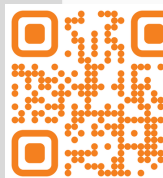


Dairy Council of CA Public Comments Ultra-Processed Foods



Lactose Intolerance: How to Enjoy Dairy Foods with Confidence

*National Dairy Council (NDC) Resource



School Meals are Healthy Meals

*National Dairy Council (NDC) Resource

