



The Food Fair Challenge – Questions

1. a. Write 3 details from the story that describe what Josh needed to know to meet the Food Fair Challenge.

Details:

1.

2.

3.

- b. Write 3 details from the story that describe what Josh needed to do to meet the Food Fair Challenge.

Details:

1.

2.

3.

2. a. Josh was a picky eater before he became a more adventurous eater. Explain the change that he made.

- b. What support did Josh have that helped him make the change?

3. When Josh said he was “stuck in a rut,” what did he mean?



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4. How did the picture and key for MyPlate help Josh meet the Food Fair Challenge?

5. a. Underline the statement that best describes the main message in the story.

- a. There are a lot of different food choices at a food fair.
- b. Kids need to know about foods in each of the five food groups.
- c. The MyPlate guide can help kids put together a healthy meal.
- d. Over time, picky eaters can become adventurous eaters.

b. Provide 3 details to support your choice.

1.

2.

3.
